

CAMP EVALUATION QUESTIONNAIRE



Summary

The *Camp Evaluation Questionnaire* is an online questionnaire designed to be completed by young people who have attended a camp or retreat. The tool can be modified to suit local program requirements and needs.



Resources

Computer and internet access
1 x facilitator
Online survey account (for example www.surveymonkey.com; free trial, AUS\$19.95 per month or approx. AUS\$200 per annum).



Keywords

Survey tool
Online
Cross sectional data (snapshot)
Longitudinal data (trend analysis)
Quantitative data (frequency data)
Monitoring
Reporting



Individual Activity



Time

Set up: N/A
Implementation: 5 minutes
Analysis: 1-2 hours (depending on number of participants)



Participant Use



Program Evaluation



Frequency of use

After a camp or retreat



How to Use This Tool

The *Camp Evaluation Questionnaire* is an online questionnaire which provides a confidential method of collecting feedback from camp participants. Since handwriting cannot be recognised, young people may feel more able to give honest and direct feedback about their camp experiences to program staff/volunteers. Some young people may also find it easier to write comments using a computer.

The *Camp Evaluation Questionnaire* has been created using Survey Monkey which is a website that allows users to create and edit surveys, collect and analyse results quickly and easily. Survey Monkey enables users to view their results as they are collected and generates standard reports showing overall group responses as well as individual answers. Users can also create custom graphs and charts.

The software is easy to use even for those with little or no experience in evaluation. The software has a privacy policy which states that all the data collected remains absolutely confidential. Survey participants are given access to the survey through the Survey Monkey website www.surveymonkey.com or can be sent a link to the survey via email or sms. The survey guides participants through the survey which includes a range of response types – comments, scales, multiple choice, tick boxes.

The version included in this guide was tested in a therapeutic peer support program for young people at risk of depression, suicide or self harm. It contains 7 sections:

- Introduction
- Information About You
- Goals
- Peer Support
- Knowledge of Self
- Handling Problems
- Overall

The survey can easily be copied and modified to meet the requirements of specific camp-based programs.



Suggested Uses

The *Camp Evaluation Questionnaire* should be implemented after every camp to enable datasets to be compared over time and to identify trends and areas for service improvement.



Complementary Tools

The *Camp Evaluation Questionnaire* collects data from the camp participants' perspective. To increase the reliability of the data collected, program staff should consider implementing an evaluation tool to collect data from staff and/or volunteers attending camp. The following tools are suggested:

Camp Feedback Tool

Camp Participant Monitoring Tool



Implementation Tips

- The *Camp Evaluation Questionnaire* is intended to be completed by participants within 1 week of attending camp while camp experiences are still 'fresh'.
- It is important to reassure participants that the surveys will remain anonymous and no-one will be able to trace the comments back to individuals.
- It is also important to explain to participants how the results will be used to monitor the effects of participating in the camp and to identify any areas for service improvements.
- If programs do not have access to computers, the *Camp Evaluation Questionnaire* can be printed out and administered as a paper-based survey. Results would have to be manually collated if this approach is taken.



Links

[Camp Evaluation Questionnaire](#)

[Camp Feedback Tool](#)

[Camp Participant Monitoring Tool](#)



The My-Peer Toolkit [1.0] was developed by [Western Australian Centre for Health Promotion Research](#) and is licensed under a [Creative Commons Attribution-NonCommercial-No Derivative Works 2.5 Australia License](#). It can be accessed at www.mypeer.org.au.



Camp Evaluation Questionnaire

1. INTRODUCTION

This questionnaire is for young people who are participating in the [Enter name of camp].

Please answer all questions as truthfully as you can. Use the mouse to scroll down the questions on each screen.

If you are unsure of an answer, please give the best answer you can or choose the closest response. If you have any questions, please ask your program coordinator.

Your answers are confidential and anonymous.

Thank you for completing this questionnaire.

[Enter Name of Program Coordinator]

2. INFORMATION ABOUT YOU

Please tell us about yourself

1. How old are you?

14

15

16

17

18

2. What is your gender?

Male

Female

3. Is this your first camp?

Yes

No - this is my second camp

No - this is my third camp

No - this is my fourth (or more) camp

3. GOALS

Camp Evaluation Questionnaire

1. To what extent did you reach the goals you set for yourself on camp?

| | Completely | Partially | Not at all | N/A |
|----------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Self esteem | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Make friends | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Learn coping strategies | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Practise coping strategies | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Get away from home | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| To get support from others | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Learn about me | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Learn about others | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

2. If you did not reach your goals, what was the reason?

- Not enough support from staff
- I forgot them
- I didn't have a chance to try them
- I didn't want to try them
- Other

Comments on goals for camp

4. PEER SUPPORT

The following questions will ask you about your experiences on camp

Camp Evaluation Questionnaire

1. For each statement, please select the response which best describes your experience on camp

| | Strongly agree | Agree | Unsure | Disagree | Strongly disagree |
|---|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| It was easy to make friends | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Young people were supportive and friendly | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I will maintain friendships with people I met on camp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel more confident after camp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I developed social skills on camp | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I felt that I could trust others | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Staff were supportive | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Group sessions were relevant to me | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I felt respected by camp staff and volunteers | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

Comments about Peer Support

2. How many friends did you make while on camp?

None

1-2

3-4

5+

5. KNOWLEDGE OF SELF

The following questions will ask you how you feel about yourself and your future goals.

1. How has camp changed the way you feel about yourself and your future goals?

Please select all statements that apply

- I understand myself better
- I feel more positive
- I feel more able to cope with my issues
- I can see I am not the only one with issues
- I don't feel any different
- I'm not sure

Please comment

Camp Evaluation Questionnaire

6. HANDLING PROBLEMS

A problem is something important to you that bothers you a lot and that is difficult to resolve. The following questions will ask you how you typically handle problems.

1. Since attending camp, do you feel more or less confident about handling problems you may face?

More confident

It would depend on the problem

Less confident

I'm not sure

Please comment

7. OVERALL

1. On a scale of 1 to 10 where 1 is very low and 10 is very high, how would you rate your overall enjoyment of camp?

1

2

3

4

5

6

7

8

9

10

2. Which of the following best describes your overall experience of camp?

Awesome

Emotional

Stressful

Good and bad

Bad

Overall comments

3. What was the best thing about camp?

4. What did you least enjoy about camp?

Camp Evaluation Questionnaire

5. Is there anything you would change about camp?

6. Please state one way in which you think your camp experience will influence you going forward e.g. your attitudes, feelings, confidence, coping skills, etc